A monumentally helpful point for metaphysicians to “get straight” is the simple, basic and very gentle fact that awareness—consciousness—is God’s Self-perception in action, not the personal tool of an ego. In our work here, awareness, consciousness and life (Life) are synonymous terms. Awareness is the action of God, the activity of Mind, the Life that God is. Indeed, the consciousness presently reading these words, that perceives the scene outside, that hears the rustle of pots and pans in the kitchen and gathers in the evergreen thoughts and feelings of the Season, is the living that God is, the awareness that Mind is, the all and only perceiving of Deity going on. This consciousness right here and now is the life divine that never ends—the awareness of God.

There are not two awarenesses, one that belongs to Bill, Mary, John or world, and another somewhere afar off, marvelous and mysterious, that belongs to God. All there is to “mortal mind” is the now-to-be-discarded notion that the consciousness reading this page belongs to a finite personality with a responsibility for “his” experience. Consciousness, awareness, “seeing,” “perceiving”—or whatever else it may have been called—is GOD’S responsibility and God’s consciousness in action.

Consciousness of what? Of all there is to be conscious of: the infinity of all that God, Reality is. THIS life we are in God’s own Self-appraisal, God’s Self-seeing, Self-knowing, Self-being.

Reader, listen softly: Awareness and life are one. Relax for a moment and admit the simple, gentle Fact that All is all, hence the consciousness that even now surveys this printed page is the goal of the sages from time immemorial, the LIVING that God is, the Life Divine that neither begins nor ends. See this! Comprehend this! Admit this. Rest here and find old fears vanishing like morning mist before the sunshine.

Our heritage is the life that Isness is. Who could want more? Who needs more? What a delight to discover that this seeing, this hearing, this feeling, this visioning, this listening, this delighting HERE AND NOW is the all and only action of God being God.

What can happen to this consciousness, the Life-I-am, the awareness I am? Naught but what can happen to God. And what can happen to Singleness, Omnipotence, Purity, Perfection? Nothing, nothing! I tell you the seeing of these words is God’s eternal Self-witnessing in action, already here, already now. No wait. No struggle. No suffering. No testing or waiting through the pendulum’s dark swing in order to find a measure of relief at the other end. The struggle has only to do with the fruitful, but no necessarily easy, task of letting go the old view of oneself as a possessor of life, as the grand custodian and manipulator of experience.