

**Beyond Feeling**  
by Mike Gegenheimer

In rapport,  
What you feel, what we feel,  
belongs to no one—not you, not another.  
It has been felt before.  
Does it not remain when the mind is still?

Not in the mind as thought,  
Not in the body as emotion,  
Neither obtained nor grasped,  
Yet felt, by all, in silence.  
Can what is always present, what does not come and go, be simply revealed?

Alert and awake now,  
You feel... between...  
Attentive, focused not on self or others,  
But between all present... feeling...  
Feeling beyond mind and body for whence comes what we feel.

Still, silently aware of its depth,  
Its feelingless-ness...  
Nothing to gain, nothing to lose,  
Nothing by which It is known.  
Silently aware and felt by all.